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U.S. President Donald Trump participates in a listening session on youth vaping and the electronic cigarette epidemic inside the Cabinet Room at the White House. REUTERS

On Trump impeachment, divisions between urban and rural Democrats

Public sentiment complex beyond partisan lines.

First-term U.S. congresswoman Cynthia Axne, back home in her rural lowa district for the Thanksgiving break, faced a room full of farmers on Saturday who made clear their opposition to the impeachment investiga-

tion of Republican President Donald Trump.

Axne, 54, avoided any mention of impeachment until one of her constituents, a Democrat who voted for her, said he views the investigation as a waste of time and money: "Let's not vote for impeachment. Let's get stuff done. I'm sick of it!", he bellowed. Others nodded in agreement.

Meanwhile, 1,000

miles away in the old industrial town of Wharton, New Jersey, freshman U.S. congressman Tom Malinowksi was treated like a rock star when he told a crowd of about 150 he believed the evidence to impeach Trump was overwhelming.

ing.
With each mention
of impeachment and
denunciation of Trump,
Malinowski was greeted
with loud applause from

voters packed into a tiny library basement, where the room hummed with talk of ousting the president.

These two freshman lawmakers flipped districts from Republican control in the 2018 midterm congressional elections, two of the 41 net gains that helped Democrats regain control of the House of Representatives for the first time

Yet on impeachment, as they face close fights for their seats again next November, their approach is starkly different. Axne avoids any mention of it; Malinowski leans into the topic.

Polls show public sentiment about impeachment breaking along partisan lines, but the reaction of Democratic voters in these two swing districts suggests there is also a rural and suburban divide on the issue among Democrats.

"I don't talk about impeachment," Axne, who defeated Republican David Young in 2016 by just two points, said in an interview.

"These are hard working, salt of the earth people who just want to make a living and provide for their families. They're tired of what they consider the bureaucracy and the politics of Washington and that's true to what lowans are. Impeachment is not a priority in their lives."

Axne supports the impeachment inquiry, and says if there is proof Trump abused his office and harmed America's national security in his dealings with Ukraine, she will vote to impeach him – even it means los-

ing her seat. She agreed she could face voter backlash.

"My job is to work for the people here in this district and do a good job for them. But my job also is to protect this country. If we find out that the president has put us in harm's way, then I have absolutely no problem losing a seat over that."

To loud applause in his New Jersey district, about 50 miles west of New York, Malinowski said: "The president is free to pursue a foreign policy that he believes is in the national interest, but he is not free to pursue a foreign policy that only serves his political interest,"

Malinowski, 53, a Polish-born former employee of the State Department, was the first New Jersey House member to call for Trump's impeachment. He asked the crowd to put up their hands if they were watching the hearings and nearly all of the some 150 people in attendance put their arms in the air.

There were five days of public hearings in the Democratic-led impeachment inquiry which concluded on Thursday. REUTERS

"My job is to work for the people here in this district and do a good job for them. But my job also is to protect this country. If we find out that the president has put us in harm's way, then I have absolutely no problem losing a seat over that."

Congresswoman Cynthia Axne

Guards charged over Epstein's suicide get trial date

Two correctional officers accused of covering up their failure to check on financier Jeffrey Epstein before he hanged himself will face an April 20 trial date. U.S. District Judge Analisa Torres scheduled the trial for Tova Noel and Michael Thomas at a hearing in Manhattan federal court on Monday. Both defendants have pleaded not quilty. Epstein's suicide on Aug. 10 came a little over a month after the well-connected money

manager was arrested and charged with trafficking dozens of underage girls as young as 14 from at least 2002 to 2005. He had pleaded not guilty. Prosecutors say that Noel and Thomas, the only correctional officers on duty in Epstein's unit the night before he was found dead, failed to carry out checks on Epstein and falsely recorded that they had. Epstein had been taken off suicide watch shortly before his death. REUTERS

Pardoned Thanksgiving turkeys meet the media

Bread and Butter, the National Thanksgiving Turkey and its alternate, walk in their hotel room at the Willard Hotel after being introduced to members of the media during a press conference held by the National Turkey Federation November 25, 2019 in Washington, DC. The two turkeys will both be 'pardoned' following the presentation of the national turkey to U.S. President Donald Trump ssheduled for today. GETTY





As we enter the season of giving, Metro asks that you donate to Tony's Metro Magic annual holiday toy drive to help underprivileged children in your community. You can donate by visiting metro.us/magic, clicking on the toy wish-list link of your choice, and ordering via a secure payment system. Toys will then be distributed to local children in need.

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This holiday season, Walmart, Amazon and Target are discounting the Apple Watch Series 3.



A handful of big-box retailers are touting Apple Watch deals, but you'll be disappointed if you're looking to score the newest Series 5 model. All of the discounts we've seen are for the Series 3 or Se-

Walmart is offerthe Apple Watch Series 3 (GPS) 38mm \$129 (was



Apple Watch Black Friday 2019 Deals: **How to Afford It**

• Amazon is also offering the Apple Watch Series 3 (GPS) 38mm, for \$169.99 (was \$199) - \$40 more than Walmart's sale price. Target has the Apple Watch Series 3, also \$169.99 starting at (regularly \$199.99). • Best Buy shoppers can save up to \$300 on the

How to decide if it's worth it:

Apple Watch Series 4.

If you've had your eye on an Apple Watch for a while, now is the time to act - you're unlikely to see bigger discounts on the smartwatch any other time of the year.

How to budget for an Apple Watch:

As with any bigger ticket purchase, you'll need to earmark that specific expense as part of the "wants" category within your monthly budget. If you're following the 50/30/20 budgeting system, no more than 30% of your income should be spent on wants. So, if you plan on dropping \$169 on an Apple Watch, make sure expense doesn't put you over the edge.

Ugg Black Friday 2019 Deals: Are They Worth It?

Ugg makes a variety of stylish footwear, but is best known for its cozy, classic sheepskin boot – always a big draw during the cold holiday season. While we didn't see a ton of deals on the name brand version, we did spot a few lookalikes that might be worth adding to your Black Friday shopping list.

Best Black Friday Ugg deals, 2019

• Select women's boots are on sale for \$19.99 (regularly \$60-\$80) at JCPenney, with a handful resembling the cozy shearling style that Ugg is known for. • George genuine suede slippers, much like the beloved Ugg versions, are on sale at Walmart \$7 (save \$6.88). • At Target, score a doorbuster deal on toddlers' and kids' lookalike Uggs - \$10 for boots, which is a savings of up to \$14.99. Nordstrom has the real deal Ugg brand Marciela II Boot in select colors on sale for \$119.90 (regularly \$174.95) while supplies last.



cide if it's worth it: If you've had your eye on a cozy pair of shearling boots for a while, now might be a good time to pick up a pair, especially if you plan on wearing them this winter. But if you're willing to hold off, you might see steeper discounts in the spring.

Ring Doorbell Black Friday 2019 Deals

Amazon's Ring doorbell makes a great addition to any smart home. The hybrid security camera and doorbell device will normally set you back about \$200 but often goes on sale for much less during the holiday shopping season. Here's how the Ring doorbell Black Friday bargains are shaping up.

doorbell deals, 2019 • At Best Buy, pur-

chase a Ring bundle

with Echo Show 5 for \$179.99 (\$209.99 savings). • At Target, the Ring Video Doorbell 2 \$129.99 (save Kohl's is offering the same Ring Video Doorbell 2 for \$139.99 (regularly \$199.99).

All reporting by

getting in on the Ring Vid-

eo Doorbell 2 sale, which

will be on offer for \$139. Lauren Schwahn, • And finally, Lowe's is also www.nerdwallet.com





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Who Should Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet. additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

- · A percentage of units is set aside for:
 - Mobility-disabled applicants (5%)
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AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	COME	Monthly Rent*	Units Available		Household Size ²	Annual Household Income ^a Missingor – Massnum ^a
FR. 184	2 22	9674	1.74		1 person	\$25,063 - \$29,880
Studio	MAN I	30/4	- 6		2 people	\$25,003 - \$34,100
	28		- 6	-	3 person	\$26,846 - \$29,880
bodroom	25	5724			2 people	\$26,846 - \$34,160
	2 2				3 people	\$26,846 - \$38,440
2 fasdroom	9					

Unit Size	OME (AMI)	Monthly Rent'	Units Available		Household Size ²	Annual Household Income ¹ Misimum – Maximum ¹
Studio	2					
1 bedroom	1 8	\$1,115			1 person	\$40,252 - \$44,820
	UNITS		.7	4	2 people	\$40,252 - \$51,240
				100	3 people	\$40,252 - \$57,660
	- 2	\$1,340	1		2 people	\$48.275 - \$51,240
100000	8				3 people	\$48,275 - \$57,600
2 bedroom	BOYS AREA		5	-	4 people	\$48,275 - \$64,020
					5 people	\$48,275 - \$69,180

tinit Size	9	Monthly Rent*	Units Available		Household Size ²	Annual Household Income ^a Missinum – Missinum ^a
1202	- S	12000	12		. 1 person	879,475 - 897,110
Shubo	WI 00	\$2,318	- 2	-	2 people	\$79,475 - \$111,020
	2				1 person	\$85,200 - \$97,110
bodroom	MEDIAN	\$2,485	2	14	2 people	\$85,200 - \$111,020
					3 people	\$85,020 - \$124,930
	EA.				2 people	\$102,548 - \$111,020
	8	22.22		100	3 people	\$102,549 - \$124,930
2 bedroom	30%	82,991	2	140	4 people	\$102,549 - \$138,170
	USA				5 people	\$102.549 - \$149.890

- ent includes gay for cooking and heating; levants will be responsible for electricity
- Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.
- Household earnings includes salary, hourly wopes, tips. Social Security child support, and other increme, income guidelines subject
- Minimum income listed may not apply to applicants with Section B or other qualifying rental subsidies. Asset limits also apply

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application by mail, send a self-addressed envelope to: 433 East 13th Street Apartments c/o SHF Affordable Housing Office, 247 West 37th Street, 1903, New York, NY 10018. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

men

eina.

Applications must be postmarked or submitted online no later than January 27, 2020. Late applications will not be

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an appointment of eligibility to continue the process of determining your eligibility. Appointments are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income

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Governor Andrew Cuomo * Mayor Bill de Blasio * HPD Commissioner Louise Carroll HCR CEO/Commissioner RuthAnne Visnauskas











Animal rights legislation signed into law

NEWS

Office of Animal Welfare established.



HOLDEN WALTER-Holden.Walter-Warner@

New York City took another step towards the protection of animals across the city on Monday, with Mayor Bill de Blasio signing off on a new law.

The bill covers an array of topics, mostly in relation to the welfare of birds, horses and dogs. The legislation establishes an Office of Animal Welfare, increases the reporting of animal cruelty and promotes animal shelter adoptions above shopping for pets. Additionally, wild birds can no longer be trafficked and the working conditions for carriage horses - often seen as a symbolic issue in the city - will be improved.

"I'm proud to sign this legislation that further solidifies our commitment to the humane and fair treatment of animals across our city," Mayor de Blasio stated in a press release. "I look forward to continuing our work with elected officials and



NYC Mayor Bill de Blasio.

GETTY IMAGES

communities to protect animals and build on New York City's leadership in animal rights."

Another hallmark of the bill is the prohibition of the sale of foie gras, which was originally part of its own legislation that was expected to pass several weeks ago.

Mayor de Blasio has often targeted animal rights during his administration. 'Meatless Mondays' were his brainchild, as every public school in NYC

serves vegetarian meals for lunch on Mondays. Moreover, nearly \$100 million has been invested in improving shelters across the city.

As for the new Office of Animal Rights, the mayor will appoint a director who will spearhead a department that will "advise and assist the Mayor in interagency coordination and cooperation related to animal welfare administration, regulation, management, and programs."

Macy's Thanksgiving Day balloons might be grounded

forecast could literally be a downer for this Thursday's Macy's Thanksgiving Day Parade.

If New York City experiences the high winds that forecasters are currently predicting, parade officials will have no choice but to ground the 16 iconic character balloons.

As CNN reported Monday, the massive balloons can't be flown when winds exceed 23 mph and gusts of wind exceed 34 mph, as per city regulations.

Four people were hurt in 1997 when the parade's "Cat in the Hat" balloon



got caught up in strong gusts. After that, NYC set up new laws to protect parade-goers.

The National Weather Service is forecasting winds up to 22 mph and winds gusts of 39 mph on Thursday; however, that forecast could change. Although the sustained winds are within the regulations, the gust may exceed them.

City officials will likely determine if the character balloons will be flown early Thursday morning. The last time the parade balloons were grounded for weather purposes was 1971, The New York Times reports.

Despite the forecasted winds, the weather is expected to be much warmer than last year's parade at a range of between 44 and 47 degrees.

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Democrat Warren accuses rival Bloomberg of trying to buy U.S. presidential election

Bloomberg announced his campaign Sunday.

Democratic presiden-tial candidate Elizabeth Warren blasted billionaire Michael Bloomberg on Monday for launching his nascent White House bid with a \$37 million TV advertising blitz, accusing the former New York City mayor of trying to buy American democracy.

Bloomberg, 77, a media mogul who will use his personal fortune to spend freely on his campaign and has said he will not take donations, officially jumped into the White House race as a moderate Democrat on Sunday.

Warren, 70, a İiberal U.S. senator from Massachusetts and one of the leading Democratic contenders according to polls, has proposed a wealth tax on billionaires and frequently rails against corporate America, something Bloomberg has criti-

At an event with voters in Ankeny, Iowa, Warren opened her remarks denouncing Bloomberg's

"Michael Bloomberg is making a bet about democracy in 2020. He doesn't need people, he only needs bags and bags of money. I think Michael Bloomberg is wrong," Warren said.

"That's exactly what's now in play in 2020 - which vision, which version of our democracy is going to win. If Michael Bloomberg's version of democracy wins then democracy changes. It's going to be which billionaire you can stomach," she said.

Bloomberg's campaign would not comment on Warren's remarks, but at Bloomberg's first campaign event on Monday in Norfolk, Virginia, he defended using his wealth to underwrite his candidacy.

"For years I've been using my resources for the things that matter to me," Bloomberg said, according to a video posted by PBS. "I

ers in polls, moderates like Bloomberg fear her planned costly expansion of government programs will alienate voters in battleground states.

At the same time, some Democrats have been unnerved by an uneven campaign performance from former Vice President Joe Biden, 77, while another leading candidate, South Bend Mayor Pete Buttigieg, 37, is seen in some quarters as too young and inexperienced.

At a campaign event in Creston, Iowa, Buttigieg declined to comment on Bloomberg's candidacy and plan to skip early-

"For years I've been using my resources for the things that matter to me. I am going to make my case and let the voters who are plenty smart make their choice.

Michael Bloomberg

am going to make my case and let the voters who are plenty smart make their

Bloomberg's late entry into the race, less than three months before the Democrats' nominating contests begin, reflects his concern that none of the 17 other candidates vying to take on Republican president Donald Trump in next November's election can beat him.

Despite Warren's status among contendvoting states in favor of competing in larger nominating contests later in the calendar.

But Lori Hays, 59, a Buttigieg supporter from Creston, said Bloomberg was making a mistake.

"As an Iowan, it makes me feel like they don't care about Iowa," Hays said. "To me, Bloomberg thinks he can buy the White House with his billions of dollars and that we Iowans don't matter."

Doctors Urge Knee Pain Sufferers "Don't Get ANY Surgery Until You SeeThis..."

After Years Of Intense Study, NYC Medical Clinic Finally Reveals It's Best "Treatment Formula" For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed

NEW YORK CITY - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going is be the most exciting information you ever read.

Here is why: Knee pain can not only be brutal... it's complex. In other words, it's not a simple, easy fix.

But I'm sure you already know that. Or you wouldn't be reading this.

That's the bad news. Now for some good news...

Over the years, NYC Pain MD medic has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It's amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

The Treatment Formula

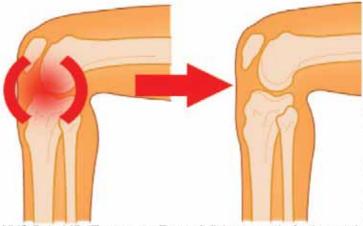
While I can't give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: PATIENT SELECTION.

This means, NYC Pain MD has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that NYC Pain MD offers.

If you do not, NYC Pain MD will tell you what they think your best options are and help



NYC Pain MD "Treatment Formula" A protocol of advanced medical treatments that has already helped thousands.

you find the right doctor for you.

If you qualify, NYC Pain MD offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

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- · Platelet Rich Plasma (PRP)
- · Stem Cell Therapy (Lipogems)
- · Genicular Knee Block
- · And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you MUST KNOW....

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments without good results. However, NYC Pain MD feels this is because doctors often do these "gel injections" without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

NYC Pain MD has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

The second thing you must know is... our treatment plans are custom made for every patent. And we have all these treatments offered in the same place. Many times you will get the best results from multiple treatments. At NYC Pain MD your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed NYC Pain MD to get better results than they thought possible.

Here's What You Should Do Next

If you suffer with knee pain... and any of this made sense to you... NYC Pain MD would like to offer you a No-cost screening. That screening is the first step in our "Treatment Formula."

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

The best thing is... you will finally get direction. You will know what's going on and what is your best course of action... step-bystep. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what's going on and what can or cannot be done.

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U.S. Supreme Court lets climate scientist's defamation claim proceed

Scientist was compared to Jerry Sandusky, a convicted child molester.

The U.S. Supreme Court on Monday allowed a prominent climate scientist to pursue a defamation lawsuit against a conservative magazine and a think tank that compared him to a convicted child molester.

The justices declined to hear appeals filed by National Review magazine and the Competitive Enterprise Institute seeking to overturn a lower court's ruling that allowed the lawsuit filed by scientist Michael Mann to go forward.

One justice, conservative Samuel Alito, dissented, writing that the case raised questions "that go to the very heart of the constitutional guarantee of freedom of speech and freedom of the press."

Mann, a Penn State



professor known for his research on climate change, filed suit in a local court in the District of Columbia in 2012 after online posts by the magazine and think tank that compared him to convicted child molester Jerry Sandusky, a former assistant football coach at the

The lawsuit seeks unspecified monetary damages.

same university in State

College, Pennsylvania.

Mann over the years has clashed with groups and individuals who have sought to discredit his work. He is best known for what is called a "hockey stick" graph that showed an increase in global temperatures in the 20th century.

Scientific organizations rejected criticism of Mann's work after investigating the matter. Criticism of Mann by conservative climate change skeptics increased after some of his private emails were leaked in 2009.

The Competitive Enterprise Institute is a libertarian think tank that has said it "questions global warming alarmism." In a 2012 post published on a CEI website, former CEI fellow Rand Simberg compared the investigations into Mann with the then-recent national controversy over Sandusky, who was arrested in 2011 and convicted in 2012 of sexually molesting 10 young boys.

"Mann could be said to be the Jerry Sandusky of climate science, except for instead of molesting children, he has molested and tortured data," Simberg WTOTE. REUTERS

metro.us/horoscopes



Aries Take advantage of a situation that pops up. You'll be offered new information that will have an impact on your plans. You'll discover something you want to pursue.



Taurus Lend a helping hand to an old friend or relative. Rewards will be offered for your kindness and generosity. Save money instead of spending it impulsively.



Gemini A little loving will go a long way. Plan a romantic gettogether. If you make an effort to look good, it will give you the boost you need to do your best.



Cancer An unforeseen professional change will push you in a new direction. Act fast to avoid missing out on an opportunity. An unusual partnership looks promising.



Leo Children and seniors will offer exciting insight into a situation you face. Participate in events that are family-oriented or involve a physical challenge. Do something special with a loved one.



Virgo Nothing is for sure, but as long as you stay on top of what's going on around you, it will be easier to control the outcome. Watch your back.



Libra Travel and learning go hand in hand. Attending an event that will bring you in touch with people from your past will be enlightening.



Scorpio Don't disregard something or someone unfamiliar. It's time to try something new or to change your routine. Let your imagination take the reins, and see what transpires.



Sagittarius Your persuasiveness will kick in and take charge. Your diplomacy will bring about a positive turn of events. An interest someone takes in you or in what you are doing will surprise you.



Capricorn You'll be led astray by someone trying to take advantage of you. Secrets will be revealed, leaving you in a vulnerable position. Protect your possessions, personal information and reputation.



Aquarius You must make an effort to do something that will benefit you and those around you. If you have been selfish, now is the time to show your gratitude.



Pisces Problems at a personal level can be avoided if you are moderate and you keep your distance from people who are a terrible influence. Clear the air and start over. BUGBINALST

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The best things to buy on Black Friday 2019

A new study shows you the best deals to pick up this Black Friday.



12

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Black Friday is finally here. We can all agree, there's nothing like getting a great deal, especially when purchasing gifts during the holiday season. From new televisions to jewelry, there's nothing like finding the perfect gift for someone.

WalletHub's holiday shopping survey revealed was that 52 percent of people don't think Black Friday offers the best deals, but that doesn't deter folks from shopping on the retail holiday.

When it comes to the holiday season, the most coveted gifts are actually gift cards followed by electronics, but what are the best deals? According to WalletHub, it's jewelry, which is discounted at a whopping 70 percent, followed by books, movies and music at 44 percent and apparel and accessories coming in at 39 percent.

The study compared popular retailer deals

with Amazon's deals. If the priced were lower than Amazon's, they were considered a "good" deal. Here's who topped the list:

- Big Lots
- Harbor Freight
- ExchangeMeijer
- Costco Wholesale
- True Value
- Office Depot/Office
 Marr
- Max
- StageACE
- Nordstrom
- Target

Here are some of the top deals from well-known retailers:



Best Buy: LG 6.3-cu. ft. Slide-In Electric Range with ProBake Convection, **\$1,000**



Costco: Walton 56-in. 3-in-1 TV Stand, \$175



JC Penney: Shark ION Robot Vacuum R76 with Wi-Fi, **\$180**



Kmart: 0.7. Cu. Ft. Chef Commercial Microwave White, \$50

Kohl's: Margaritaville Bahamas Frozen Concoction Maker, \$150



Macys: Victorinox Mens Chronograph Night Vision Black Ion-Plated Stainless Steel Bracelet Watch, \$448



New York & Company: Faux Fur Collar Puffer





Nordstrom: MARC JACOBS The Tag 27 Tote, \$150



Sears: Craftsman 13-Drawer Heavy Duty Ball-Bearing 3-pc. Tool Chest Combo - Black, \$350



Staples: HP 17.3" Laptop, Intel Core i3-8145U, 8GB Memory, Win 10 Home, **\$300**



Target: Chicco Bravo travel system - Nottingham, **\$250**

Walmart: Vizio 65" 4K Smart LED HDR UHDTV,

ACE: Propane Steel Patio Heater, **\$100**

Stage: Toastmaster Air Fryer 1.5L, **\$20**

For more deals on Black Friday 2019, visit wallethub.



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iPhone Black Friday 2019 deals: Are they worth it?



NerdWallet is here to help you win Black Friday, while leaving your budget intact. We spend the time, you save the money. Visit regularly for holiday tips and announcements about your favorite products. Black Friday is Nov. 29.

Black Friday is consistently one of the best times to save money on an iPhone. The top doorbuster deals from retailers and cell phone carriers include new and past years' models discounted by hundreds of dollars or

bundled with bonus gift cards. Some deals come with caveats, however, such as specific network or plan requirements. Here's what else to know before you shop for an iPhone.

Best Black Friday iPhone deals, 2019

Target: Get a \$200 Target gift card with qualified activation of an iPhone 11 or iPhone Xs (various versions) with . Verizon or AT&T. Deal starts on Black Friday at 7 a.m. and runs through Dec. 1. Best Buy: Up to \$500 off a new iPhone 11 or 11 Pro with qualified activation and trade-in through AT&T, Verizon or Sprint.

T-Mobile: Get a free iPhone 8 when you activate a new voice line and trade in a qualifying older iPhone. W<mark>almart:</mark> Get a \$450

Walmart eGift when you buy a new iPhone XS and activate it on a purchase installment plan with AT&T, Sprint or Verizon. Gift cards also available for the iPhone XS Max or XR (\$400) and the iPhone 11, 11 Pro and 11 Pro Max (\$300). Earn up to \$250 more on a separate eGift card when you trade in an eligible phone.

Best Black Friday iPhone deals, 2018

Last year, big-box stores offered some of the best discounts and deals on iPhones old and new. Highlights included:

Target shoppers could get a \$250 Target gift card with iPhone XS or XS Max activation on Verizon, Sprint or AT&T networks.

Best Buy slashed iPhone prices by up to



Walmart gave in-store shoppers on select networks a \$400 Walmart gift card free with purchase of the iPhone 8, 8 Plus or X.

Some deals were available earlier than others. For example, while Target's gift card bundles launched at 7 a.m. on Friday, Nov. 23, Walmart's iPhone promotion kicked off at 6 p.m. on Nov. 22.





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HOW TO PAIR BEER WITH YOUR THANKSGIVING DINNER

with y food,' and it likely does, but if it's a beer style that you aren't a fan of, no matter how well it pairs with your marshmallow sweet potatoes, it's not the beer you should be serving for your whole family."

When it comes to setting up your festive meal, the brew shop owners recommend three to four beer styles per Turkey Day meal. Although we love all beer here at Booze & Brews, Shea and Valand recommend avoiding IPAs; they told me "a big IPA is going to fight against all the flavors on your Thanksgiving plate rather than compliment them." They suggest if you want to showcase a local IPA, do it pre-meal while everyone is arriving.

Here's what the experts said to pair for your Thanksgiving Day favorites:

Turkey with gravy and a Belgian Saison "They're bubbly and really dry — hopefully unlike your turkey, which is tender and moist. Besides family, turkey is the most important part of the day for many, so a Saison

will let you fully taste the bird and cleanse your palette as you move between sides."

Stuffing and malty brown and ale "A brown ale is essentially the bread of beers. Few things are quite as cozy as a plate of stuffing with a subtly sweet brown ale."

Sweet potatoes (with or without marshmallow) and a boozy brew "We brew a Bourbon Dubbel that we absolutely love pulling out at Thanksgiving. It's a Belgian-style ale brewed with bourbon. It's a little boozy and warming and perfect for the day."

Pie Pumpkin coffee-filled stout "We just released a kit to brew Beer Geek Breakfast Stout Mikkeller (a Danish brewery who recently opened a brewpub at Citi Field). It's smooth, a little sweet, boozy, and filled with coffee. So it wakes you up a bit from your tryptophan turkey-coma."

If you're a beer lover who is looking for the perfect holiday gift or want to try your hand at brewing your own beers, don't forget to check out brooklynbrewshop.com.



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Thanksgiving week is

finally here! Now comes dreaded question: how do I pair Thanksgiving dinner with booze? If you're still struggling to pair your dinner with the right alco-holic beverage, don't worry, I've got you covered. Who says you need to have wine with Thanksgiving dinner? Why not swap out your wine with some brews? I chatted with Erica Shea and Stephen Valand of Brooklyn Brew Shop all about how to pair beers with your Thanksgiving dinner.

Before we dive into details, Shea and Valand want you to know that their "number one rule when it comes to pairing beer with food is, first and foremost, to pick something you know you like. It's easy to get swayed by a list that says 'x beer goes



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Gingerbread hugs and peppermint kisses

Host Paige Davis talks new spirited competition show, "Holiday Gingerbread Showdown."



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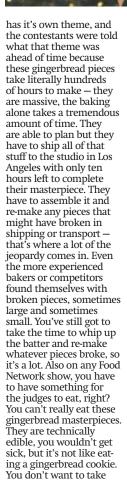
At one point or another during the holiday season, most of us were involved with making a gingerbread house. Some were massive and intricate, others were uh ... unique, but most of all were made with love. However, whether you were a fan of the classic seasonal tradition or not, chances are you were still impressed with the really amazing creations some bakers and dessert chefs were able to whip up gingerbread-style, and in Food Network's latest holiday competition series get ready to have your jaw drop. Host Paige Davis sat down with Metro to give the scoop on the show, why she likes this specific competition series and dive into more on why "Holiday Gingerbread Showdown" will truly get you into the holiday spirit.

How did you first get involved with hosting for "Holiday Gingerbread Showdown?"

It's a funny story actually. There's a woman at TLC named Megan and she called me and prefaced by saying, "Now that Discovery and Scripps have merged, Food Network is no longer our competition, we're all family. We were wondering if you'd like to do 'Holiday Gingerbread Showdown." I paused for a moment, and I thought really deeply and I said "I will so lose, but yes. I'm game and I will do it."

What will viewers be watching go down on each episode of "Holiday Gingerbread Showdown?"

So, there are three contestants per episode, and the winner of each episode moves on to be the three contestants in the finale. Each episode



these houses apart, so we throw challenges at them midway and will have them make a special treat for the judges, and not only does it have to be delicious and accomplished right now, but it also has to fit into the overall theme of the piece.

Hosting must be such a fun gig, are there any fun memories from filming that stand out to you? I'm probably throwing myself under the bus

here, but as much as I love to entertain and love to cook and be in the kitchen, there are a lot of things that I don't know. I definitely don't do a lot of baking, and I really had no clue what modeling chocolate was - I'd never heard of it. So, the contestants were getting ready to do their treat for the judges and one of the contestants was using modeling chocolate and Mary Berg, one of our judges, was talking about how she hoped one of the treats was chocolate because she was in the mood. So I'm going on and on about how Mary must be so happy because this treat is made of chocolate, and they were all

looking at me like I was crazy. Eventually, I clue into that fact, and later on Adam Young explains to me that modeling chocolate has the same taste as a bland, stale Tootsie Roll. So yeah, at that moment I was not the brightest light on the tree.

Is there anything that sets "Holiday Gingerbread Showdown" apart from other competition shows?

When you think about a gingerbread competition, everyone thinks it's just going to be a house – that's what we all know and love. We do have structures in the competition that are like houses, but there are also structures in this competition that will blow your mind. It's really incredible. But I also do think part of the reason people will like the show is because it's the type of comfort television they've known to grow and love on Food Network. I like that we really get to know the contestants, it's not just a one-hour special, it's a four-night series. "Holiday Gingerbread Showdown" premieres Dec. 1 on Food Network.





SHURMUR, GETTLEMAN HAVE REDUCED GIANTS TO RUBBLE



I'm not sure how many times this bears repeating, but I'll say it for the umpteenth time: Dave Gettleman and Pat Shurmur have destroyed the New York Giants.

For the first time in the franchise's 95-year history, the Giants have not won a football game in the entire months of October or November as their losing streak extended to a dismal seven games on Sunday in a 19-14 loss to the Chicago Bears.

The Giants are now 2-9 on the season while Shurmur's record as the head coach of the organization in 27 games is now just 7-20 (.259 win percentage).

Only Bill Arnsparger (.200) — who coached from 1974-1976 — has a worse winning percentage in franchise history amongst head coaches who were at the helm for at least 20 games.

Shurmur's record as a head coach is even worse with a 16-43 with the Cleveland Browns (2011-2012) and Giants.

Sure, he's had to lead



Pat Shurmur is now 7-20 as the head coach of the New York Giants, GETTY IMAGES

some bad teams. But it's clear as day - especially now — that Shurmur just isn't meant to be a head coach in the NFL.

It's becoming a regular occurrence that his teams are woefully underprepared for winnable games.

By no means is this .500 football team. Gettleman ensured that by his ridiculous roster moves over the past two

But Shurmur's decision-making and decisions in personnel are just laughable — which is a word that should never be used to describe an organization like the Giants.

Shurmur has held on to a bumbling defensive coordinator in James Bettcher who couldn't stop a runny nose let alone an NFL offense.

He allowed the Bears to put up over 300 yards of total offense for just the second time this season after the entire week was spent talking about how bad their young quarterback, Mitchell Trubisky, is.

Trubisky threw for a season-high 278 yards and a touchdown against the Giants on Sunday after averaging just 176 yards per game over his first nine games.

Bettcher's defense ranks 27th in the NFL behind a confused secondary and a lackluster pass rush that was supposed to get a boost when Gettleman traded a third and fifth-round draft pick to the Jets for defensive end Leonard

Williams. Williams has seven combined tackles and zero sacks in three games with the Giants.

And Gettleman wants to re-sign him after this season to turn that fifthround pick into a fourthrounder?

If only Gettleman showed this kind of loyalty to All-Pro safety Landon Collins, who he let walk to the Washington Redskins.

If only Gettleman showed that kind of loyalty to Olivier Vernon - who he traded to the Browns after a sevensack season for an offensive lineman in Kevin

Don't even get me started on Odell Beckham Jr.

Look how Zeitler has helped the Giants' offensive line as Saquon Barkley can't find a millimeter of space to run toward while rookie quarterback Daniel Jones is constantly running for his life.

To further stack the deck, you have Shurmur making ridiculous play calls like running an outside toss play on a 3rd-&-1 against a stout Bears defense on Chicago's 25-yard-line while leading 7-0 just moments after your kicker missed a field goal.

Barkley — who has not been himself since returning from that high ankle sprain - didn't even take two steps before the Bears were on him. It led to a secondstraight missed field goal by Aldrick Rosas.

And then there's Shurmur on the sidelines throwing a hissy fit because his kicker can't make a field goal.

Pat, you wouldn't have to rely on him if you called literally any

other play.

Even his players aren't really hiding their feelings anymore on the

Following a second interception of Trubisky, the Giants went for it on a 4th-&-4 on Chicago's 43-yard-line only for Jones to throw a twoyard crossing route to Sterling Shepard. He was immediately tackled and the Giants turned it over on downs while trailing

Shepard got up, looked right at the sidelines and shrugged his shoulders along with thousands of other Giants fans at home.

The Giants are a bad football team. But they aren't this bad.

They shouldn't be giving up 34 points to the Jets. They shouldn't be getting beaten by Trubisky. They shouldn't be averaging 18.5 points per game over their last seven games.

I'm not really sure what else John Mara and Steve Tisch need to see before showing Shurmur the door.

But when the inevitable does happen, they should probably slip Gettleman the pink slip, too, because he didn't make any of this easier for Shurmur.

Mets hire Hensley Meulens as Carlos Beltran's bench coach

Carlos Beltran has reportedly found his bench coach.

As first reported by MLB Network's Jon Heyman, the New York Mets are bringing on Hensley Meulens to be the first-year manager's right-hand man in the clubhouse at Citi Field moving forward.

Meulens, 52, spent the past 10 seasons with the San Francisco Giants — eight as a hitting coach and past two as Bruce Bochy's bench coach.

The position came with plenty of success as Meulens was a part of three World Series-winning teams in San Francisco. He also worked with Beltran for a part of the 2011 season when the veteran outfielder was dealt from the Mets to the Giants.

Meulens also interviewed for the Yankees' managerial job which Beltran was also in the running for but lost out to Aaron Boone.

As a player, he appeared in portions of seven MLB seasons between 1989-1998 while also spending time in Japan before making the transition to coaching.

slashed 220/.288/.353 with 15 home runs and 53 RBIs

in 182 career MLB games with the Yankees, Arizona Diamondbacks and Montreal Expos.

On the international stage, Meuelens was an assistant for the Netherlands national baseball team for the 2004 Olympics and 2009 World Baseball Classic before managing the club in the 2013 WBC.

He also spent seven seasons coaching in the minors before joining the Giants in 2010.

The Mets were also reportedly interested in the likes of Fredi Gonzalez and Jerry Naron for the position.

When Beltran was

initially hired by the Mets earlier this month, former manager Terry Collins was believed to be a prime candidate after the two formed a solid relationship during the four months they worked together in

Meulens adds another offensive mind to the Mets' ranks to work alongside Beltran and hitting coach Chili Davis as New York's core of young bats including Pete Alonso, Jeff McNeil, Michael Conforto and Brandon Nimmo - is expected to contend in 2020.



Hensley Meulens will be the next bench coach of the Mets. GETTY IMAGES





SPORTS

Fizdale's time running out under desperate Knicks management

New York's desperate president could make a drastic move soon to save himself.



The first 17 games of the 2019-20 season have been par for the course for the New York Knicks.

Any early-season optimism has been crushed and steamrolled by the franchise, struggling which is now 4-13 after a Sunday night loss to the crosstown Brooklyn Nets.

It's already the second time this year the Knicks have lost to the Nets, who have taken over New York in one fell swoop over the summer following the signings of Kyrie Irving and Kevin Durant.

The losing is just a byproduct of the dysfunction that exists at the very top of the Knicks' organization.

While James Dolan continues to pull every single incorrect string in the poor excuse that is this Madison Square Garden puppet show, president Steve Mills' decadeplus-long survival with the organization has featured nothing but blindly following the owner's bidding.

It was that bidding that prompted the nowfamous, impromptu press conference alongside GM Scott Perry on Nov. 10 that continued to lay the groundwork for blaming the Knicks' struggles on head coach David Fizdale.

The Knicks were 2-8 at the time which was tied for their worst 10-game starts in franchise history.

It was revealed that Mills and Perry's standing with the organization isn't necessarily on sturdy ground, either.

That hasn't stopped

them from redirecting the focus on Fizdale who isn't exactly blamefree in this situation. However, he wasn't dealt a good hand, either.

According to the New York Daily News' Stefan Bondy over the week-end, Mills is "judging the Knicks in 10-game incre-

They were 2-8 in their first 10 games and are 2-5 in their last seven.

That doesn't bode well for Fizdale.

After winning just 17 games last season, the Knicks are currently on pace for 19 this season.

An overturned roster this offseason — though not a significantly improved one after Mills and Perry whiffed on marquee free agents — was expected to show some improvement compared to last year.

That hasn't been the

Currently on a threegame losing streak, the Knicks finish the second "10-game" increment that Mills will judge with a brutal stretch against the Toronto Raptors, Philadelphia 76ers and Boston Celtics — three of the best teams in the East.

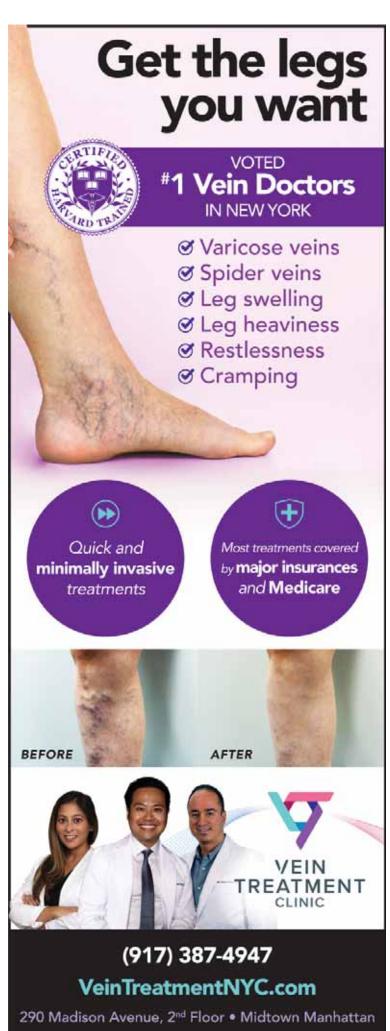
Those in no way are winnable games, which would leave the Knicks at 4-16 through 20 games.

If Mills is in full desperation mode, Fizdale's dismissal is just around the bend — whether it is the head coach's fault or



ISLES' NELSON VOTED 3RD STAR OF WEEK

Islanders forward Brock Nelson was voted the NHL's Third Star of the Week after recording five points (4 G, 1 A) in three games last week including two gamewinning, overtime goals against the Penguins.



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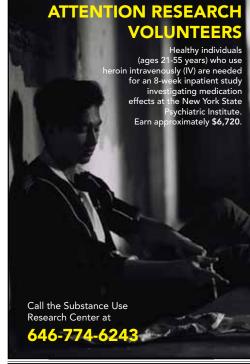
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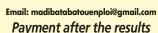
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ACROSS

1 "I Got You __"; Sonny & Cher hit 5 Long narratives 10 Food, slangily 14 Has __ in one's bonnet; keeps harping on a subject

15 Look-__; twin
16 Prefix for copter or port

17 Student's summons 18 Most populous Califor-

nia city

20 Actress MacGraw

21 Ax handle

22 Windowsill 23 Chris of tennis

25 Brillo competitor

26 Mouthwatering 28 Cry of discovery

31 Make happy

32 Like old poorly

wrapped cheese 34 Poor Clare, for one

36 Portion of the brain

37 Date trees

38 Merry-go-round, for one 39 Chat room giggle

over; studies intently 41 Implied, though not

spoken 42 Bra purchaser

44 Tropical lizards 45 Dollar bill

46 Smooth & glossy up for; defended 50 Timber

51 Org. for Eagles &

Ravens

54 Preposterous 57 Lady __ of the music world 58 Lover of an Irish Rose

59 Tales

60 Like sore muscles 61 Elapse, as time 62 Like a mire

63 Zooms down snowy slopes

DOWN

1 "Ali __ and the Forty Thieves"

2 Cain's brother 3 Opposite of "incredible" 4 Sushi bar offering

5 Worker's pay 6 High up overhead

7 Crux of the matter 8 Letters before an alias 9 Schumer or Rubio: abbr.

10 Gouda or mozzarella

11 up; robbed at

gunpoint

metro.us/crossword

12 Designer Cassini

13 Astute

19 "Mine eyes have seen the

21 Roll call response 24 Do one's civic duty

25 Soap lather down the river; betray 26

27 Standoffish

28 Shade trees

29 Trinket; curio 30 Sound portion of a

telecast 32 Foal's mother

Miss"; univ. west

of Tupelo

35 Holey fabrics 37 Warsaw native

38 Marathon

40 Black-and-white critter off; provoked

43 Demi & Dudley

44 Shiny photo

46 WA's Puget 47 Zest or Dial

48 Booming instrument

49 Singer Redding

"Mum's the 52 E's followers

down; deposits 53 55 High school building

de cologne

			Powe	ered b	y liur	n		a	Check your answers at metro.us/games							
1	2	3	4		5	6	7	8	9		10	11	12	13		
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Yesterday's Answers

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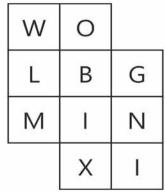


metro.us/sudoku

	6		9		4			2
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3			1		7		6	

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Category: In The Kitchen



Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

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